

**Selection Criteria and Process**

**Nova Scotia Provincial 2020 U20 Female Flag Team**

The purpose of this document is to outline in a clear and transparent fashion the criteria and process involved in athlete selection to Nova Scotia’s U20 Female Flag Team.

**Team Participation & Qualification**

The Flag football Nationals are the annual competition for the U20 Female Flag Teams representing their province sport organizations.

The tournament will be restricted to teams whose provincial sport organizations are a Football Canada member and have an established U20 flag program.

**Athlete Eligibility**

In order to be eligible all athletes must:

1. Be a Canadian Citizen
2. Have a valid piece of provincial identification (i.e. birth certificate, medical card).
3. Be a member in good standing of Football Nova Scotia
4. Be in compliance with all relevant Football Canada requirements for eligibility, including age requirements for the U20 Tournament. All athletes that wish to compete on the U20 Provincial team must be born in either the year 2001 or 2002.

**Identification**

Athletes can be identified for the Nova Scotia U20 Female Flag Team that will be representing the province at the 2020 Flag Football Nationals in Charlottetown, PEI from August 9-12, 2020 through;

1. Attendance at 2020 Provincial Team Selections Camps.
2. Identification by Coaching Staff and Football Nova Scotia through other football programming.

**Team Selection Process**

Athletes selected for the U20 Female Flag Team must possess the ability to improve Nova Scotia’s performance at the national level. The 2020 Flag Football National Championship in Charlottetown, PEI is the focus of the program. The Head coach, with input from the Assistant Coaches and Football Nova Scotia, will select athletes from the following process:

1. All athletes will be invited to the Selection Camps which will be on the following dates: January 26, February 2 and 9, 2020.
2. 15-18 Athletes will be selected to continue Feb. 14, 2020
3. June 15, 2020 12 players will be selected to continue with the travel team program.
4. July 24, 2020 the final travel team of ten (10) players and two (2) alternates will be named.
5. In case of an injury to a selected athlete following the selection date, an athlete may be replaced on the 10-person roster prior to the team’s departure for the 2020 Tournament. The replacement player must be selected from the alternate list as determined above.

**Team Selection Criteria**

The Head Coach along with Football Nova Scotia has final authority over all nominations and selections of athletes.

Athletes will be selected based on present expertise and/or demonstrated potential in the following areas:

* Individual skill level, tactical abilities and physical potential to develop with continued training;
* The dynamics of the team as a whole;
* The development and planning of the Provincial Team program in the future.

**Team Sport Considerations**

* Work effectively within the team concept.
* Committed to communication with the other players and team staff.
* Willingness to alter individual preferences and to change to meet the needs of the team and the strategies of the coaches.
* Willingness to work within the assigned role(s) for the team.

**Technical Abilities**

Present skill level and future potential. Consideration would be given to biomechanical limiting factors that could prevent future development.

* Application of skills to the game and competitive situations, all round skills.
* Position specific skills.
* Needs of the team and its composition.

**Tactical Abilities**

* Abilities to read and respond to game situations.
* Ability to make correct decision under pressure.
* Incorporation of individual, positional and team tactics detailed by coaching staff.
* Flexibility and ability to adapt to situations that may occur on the field.

**Mental Skills**

* Consideration is also given to athletes that have characteristics that are conducive to individual and team success. Examples include; strong work ethic, evidenced in training and physical preparation, assertiveness and leadership evidenced by the ability to work well with others (new players and coaches), ability to apply skills to game and competitive situations, positive attitude.

**Other Considerations**

* Commitment to participating in national football
* Establishing a lifestyle to cope with training, preparation and competing nationally.
* Recognizing the responsibility of your involvement as an individual and a member on the Provincial Team, and of the importance and potential as a role model for the sport and the province.
* Self-motivated and responsible
* Determined and committed to personal and program goals
* Effective decision making, cooperative and “flexible”

**Medical**

* Previous athletic injuries and potential life-threatening conditions, due to the physical considerations of the sport, will be considered in the selection process.
* Athletes are expected to work as hard when they are recovering from injury as they do on the field having to follow rehabilitation and recovery programs as prescribed by the Medical and Coaching Staff.

**Athlete Appeal Process**

If an athlete wishes to appeal a decision on Football Nova Scotia’s athlete selection and internal nomination procedures, the appeal will be dealt with as outlined in Football Nova Scotia’s Appeals Policy, found on the Football Nova Scotia website.

**Unforeseen Circumstances / Changes to this Document**

In situations where unforeseen circumstances do not allow the Nova Scotia U20 Provincial Women’s Flag Team selection criteria to be fairly and objectively applied, Football Nova Scotia’s High-Performance Committee reserves the right to rule on an appropriate course of action.

The Executive Director and Director of Football Operations reserve the right to make any changes to this document, which in his discretion are necessary to endure selection of the best teams possible for the 2020 National Flag Football Tournament. Any changes to this document shall be communicated directly to all Provincial Team Members. This clause shall not be used to justify changes after the internal nomination procedure unless it is related to an unforeseen circumstance. The purpose of this action is to allow for changes to this document that may become necessary due to typographical error or a lack of clarity in a definition or wording before it has an impact on athletes. The purpose of such changes must be in order to avoid disputes over the meaning of the provisions of this document rather than allow changes to be made to justify selection of different athletes than would have otherwise been selected. Such changes must be reasonably justifiable in accordance with fundamental principles of natural justice and procedural fairness.

**2020 U20 Female Provincial Flag Football**

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**Appendix**

The Identification Combine and the Training Camps will take place at the East Coast Varsity Dome 15 Ragus Rd. Dartmouth, NS. on the following dates;

**Provincial Identification Camps (Fee - $100)**

Sunday January 26, 2020 9am – 12pm East Coast Varsity Dome

Sunday February 2, 2020 12noon – 130pm East Coast Varsity Dome

Sunday February 9, 2020 12noon – 130pm East Coast Varsity Dome

**Developmental Training**

**Phase 1 – Skill Training (Fee - $150 + $75 membership Fee)**

Sunday February 16, 2020 12noon - 1:30pm East Coast Varsity Dome

Sunday February 23, 2020 12noon - 1:30pm East Coast Varsity Dome

Sunday March 1, 2020 12noon – 1:30pm East Coast Varsity Dome

Sunday March 7, 2020 12noon – 1:30pm East Coast Varsity Dome

Sunday March 14, 2020 12noon – 1:30pm East Coast Varsity Dome

Sunday March 22, 2020 12noon – 1:30pm East Coast Varsity Dome

Sunday March 29, 2020 12noon – 1:30pm East Coast Varsity Dome

**Phase 2 – League + Team Training (Fee - $750)**

Metro Youth Flag Football League May 1 to June 14 Saint Mary’s University

Tuesday March 31, 2020 8pm – 10pm East Coast Varsity Dome

Tuesday April 7, 2020 8pm – 10pm East Coast Varsity Dome

Tuesday April 14, 2020 8pm – 10pm East Coast Varsity Dome

Tuesday April 21, 2020 8pm – 10pm East Coast Varsity Dome

Monday April 27, 2020 630pm – 830pm East Coast Varsity Dome

Thursday April 30, 2020 830pm – 1030pm East Coast Varsity Dome

Monday May 4, 2020 630pm – 830pm East Coast Varsity Dome

Thursday May 7, 2020 830pm – 1030pm East Coast Varsity Dome

Monday May 11, 2020 630pm – 830pm East Coast Varsity Dome

Thursday May 14, 2020 830pm – 1030pm East Coast Varsity Dome

Monday May 18, 2020 630pm – 830pm East Coast Varsity Dome

Thursday May 21, 2020 830pm – 1030pm East Coast Varsity Dome

Monday May 25, 2020 630pm – 830pm East Coast Varsity Dome

Thursday May 28, 2020 830pm – 1030pm East Coast Varsity Dome

Monday June 1, 2020 6pm – 8pm East Coast Varsity Dome

Wednesday June 3, 2020 8pm – 10pm East Coast Varsity Dome

Monday June 8, 2020 6pm – 8pm East Coast Varsity Dome

Wednesday June 10, 2020 8pm – 10pm East Coast Varsity Dome

**Phase 3 – Final Twelve (12) Training (Fee - $70.00)**

Monday June 15, 2020 6pm – 8pm East Coast Varsity Dome

Wednesday June 17, 2020 8pm – 10pm East Coast Varsity Dome

Monday June 22, 2020 6pm – 8pm East Coast Varsity Dome

Wednesday June 24, 2020 8pm – 10pm East Coast Varsity Dome

Monday June 29, 2020 6pm – 8pm East Coast Varsity Dome

Monday July 6, 2020 6pm – 8pm East Coast Varsity Dome

Wednesday July 8, 2020 8pm – 10pm East Coast Varsity Dome

Monday July 13, 2020 6pm – 8pm East Coast Varsity Dome

Wednesday July 15, 2020 8pm – 10pm East Coast Varsity Dome

**Phase 4 – Travel Team (Fee – TBC)**

Monday July 20, 2020 6pm – 8pm East Coast Varsity Dome

Wednesday July 22, 2020 8pm – 10pm East Coast Varsity Dome

Monday July 27, 2020 6pm – 8pm East Coast Varsity Dome

Wednesday July 29, 2020 8pm – 10pm East Coast Varsity Dome

Monday August 3, 2020 8pm – 10pm East Coast Varsity Dome

Wednesday August 5, 2020 8pm – 10pm East Coast Varsity Dome

Sunday August 9-12, 2020 National Championship Charlottetown, PEI